## Be a Safe Bike Driver

## True or False?

I should ride my bike on the sidewalk until a grown-up I live with says I can ride on the street.
I should stop before crossing the street and look LEFT-RIGHT-LEFT for
cars.
Watch out for cars coming out of driveways and stop if there is a car.
When I do ride on the street, I should ride on the right side—the same as cars.
I should wear my helmet when I ride my
bike.
I should have fun riding my bike.
Here are the answers — They are all  TRUE!!
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## Here's Another Quiz

Do the "Eyes, Ears, Mouth Test" to make sure your helmet fits. (Fill in the blanks.)

You should see the front of your helmet when you look up past your \_\_\_\_brows.

The straps should meet right under your \_\_\_\_ to make a Y.

The straps should be tight enough that you can feel the helmet pull down if you open your \_\_\_\_\_, but loose enough that you can breathe!

## ANSWERS: EYES, EARS, MOUTH!!

If your helmet doesn't fit right, have a grown-up you know help you fix it.



For more information, go to "Safety Education" at www.bikelib.org

Intended for younger elementary and pre-school children.

Thanks to the Bicycle Coalition of Maine.